

The Big



R

SPAM[®]

Luncheon Meat



John 13:34-35

v.34 “A new command I give you:

Love one another.

As I have loved you,

so you must love one another.

v.35 By this all men will know

that you are my disciples,

if you love one another.”

How Do You Grow Healthy Relationships?

set good goals

S - specific

P - positive

A - achievable

M - measurable

in the four areas of our study

1 - created to be relational

2 - anger

3 - intimacy

4 - hope

***Why was SPAM successful???**